

CHELMSFORD SCHOOL LUNCH

MENU December 2016 - 2017

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--------------------------------------|---|--|---|---|
| WHAT'S FOR HOT LUNCH? | Check Out Our | Popcorn Chicken | Ravioli | Deluxe Nacho | Check Out Our |
| \$2.85 | Special Board | Bowl | with Marinara | Boat | Special Board |
| CHICKEN YOUR WAY | Chicken Deluxe | Popcorn Chicken | Chicken Deluxe | Chicken Deluxe | Chicken Deluxe |
| \$2.85 | Buffalo Chicken | Bowl | Chicken Fajita | Buffalo Chicken | Grilled Chicken |
| DELI SPECIAL | Roast Turkey or Salad to Go | Buffalo Chicken or Salad to Go | BBQ Chicken or Salad to Go | Chicken Caesar Salad or Salad to Go | Tuna or Taco or Salad to Go |
| \$2.85 | | | | | |
| PIZZA SPECIAL | Wild Mike's WG Slice | Stuffed Crust WG Pan Pizza | Pizza Bagel | Homemade Calzone | Gills's Homemade WG Pizza |
| \$2.85 | | | | | |
| GRILL SPECIAL | Cheeseburger Deluxe Potato Wedges | Cheeseburger Deluxe Baked French Fries | Cheeseburger Deluxe Seasoned Potato Wedges | Cheeseburger Deluxe Sweet Potato Fries | Cheeseburger Deluxe Baked French Fries |
| \$2.85 | | | | | |
| <i>Fruit</i> | <i>Applesauce</i> | <i>Pears</i> | <i>Pineapple Chunks</i> | <i>Peaches</i> | <i>Mixed fruit</i> |
| <i>Vegetable</i> | <i>Carrot Sticks</i> | <i>Corn</i> | <i>Red Pepper Strips</i> | <i>Corn & Bean Salsa</i> | <i>Sliced Tomatoes</i> |
| <i>Grains</i> | <i>WG Roll</i> | <i>WG Dinner Roll</i> | <i>WG Garlic Bread</i> | <i>WG Tortilla Chip Medley</i> | <i>WG Bun</i> |
| <i>Side Salad</i> | <i>Broccoli</i> | <i>Green Beans</i> | <i>Tossed Salad</i> | <i>Baked Beans</i> | <i>Fresh Broccoli</i> |
| Available Daily: Salads & Wraps, Pizza, Subs and Hot Sandwiches \$3.10 | | | | | |
| Choice of skim, chocolate or 1% milk, fruit, vegetables and side salads included with all lunches Menus are subject to change without notice **IF YOU HAVE FOOD ALLERGIES, PLEASE ALERT YOUR SERVER** | | | | | |



CHELMSFORD
school nutrition